



Health Care




Discuss your health condition with a caring, supportive health expert.

Participant Requirements

Advocate Health Care associates participating in the Health Plan, and their covered spouse/or domestic partner, living with **Asthma, Diabetes, Coronary Artery Disease**, or **Congestive Heart Failure**.

Program Description

An ongoing condition support service that offers one-on-one support with a CVS Caremark® nurse. The Health  Care program, provided by AccordantCare™, a CVS Caremark® company, is designed to help you take control of your condition and maintain good health.

What You Receive

Expert education and tools including exercise and nutrition tips, strategies for working with your doctor and a toll-free number should you have any questions or concerns.

Incentives

It's FREE!

Who to Call

An AccordantCare™ representative may be calling soon to personally welcome you to the program and answer any questions you may have about the program. We value your voluntary participation; however, if you prefer to discontinue this free benefit or would like more information, please call an AccordantCare™ representative at 1-800-227-3728, Monday through Friday, 7 a.m. to 10 p.m. For those plan participants requiring telecommunications device (TDD) assistance, please call 1-800-231-4403.

Para recibir información en español llame al numero gratis 1-800-227-3728.

