

Health Actions

Fitness Center	Locations	Corporate Discounts	Annual Membership Cost (with corporate discount)	Total Savings	Family Discount	Group Fitness Class Availability	Other Notes	Websites
ACL Wellness Center	5400 Pearl St. Rosemont, IL 60018 Phone: TBD	ACL Associates Only	\$104 Basic Membership*			Yes		
Bally Total Fitness™	http://bally-know-where.com/BallyFitness2/	\$75 enrollment fee* \$35 per month	\$495	\$233	\$15 per month per family member	Yes		
Cardinal Fitness	http://www.cardinalfitness.com/locate.asp?state=IL	\$19.00 enrollment fee \$19.95 per month	Month to month memberships and no long term contracts	\$80	\$12.00 per month for first family member \$7 per month for 2+ add on	No		
Centre Club	Libertyville, Illinois 60048	Condell Associates: Waived enrollment fee \$45 per month Advocate Associates: Libertyville (access to both clubs) Individual \$72 monthly, second person \$56 monthly	Condell Associates: \$540		Condell Associates: \$35 per month for each additional household member	Yes	* Basketball Court *Raquetball Court *Indoor Pool *Indoor Track Special Programs: Belly Dance, Tai Chi and more!	
Centre Club	Gurnee, Illinois 60031	Condell Associates: Waived enrollment fee \$45 per month Advocate Associates: Gurnee Individual \$65 monthly, second person \$55 monthly	Condell Associates: \$540		Condell Associates: \$35 per month for each additional household member	Yes	* Basketball Court *Raquetball Court *Indoor Pool *Indoor Track Special Programs: Belly Dance, Tai Chi and more!	
Good Samaritan Health and Wellness Center	3551 Highland Avenue Downers Grove, IL 60515 (630) 275-2879	Associate: \$55 per month* GHGL: \$2.50 per month for the first year upon completion of the Succeed Questionnaire; additional discounts apply to subsequent years.	Associate: \$660 GHGL: \$330 for the first year upon completion of the Succeed Questionnaire; additional discounts apply to subsequent years.	*additional savings available to those who pay for one year in advance Associate: \$180 for year GHGL: \$510 for year	Couple Membership: Additional \$48 for spouse Family Membership: Additional \$38 for family members, children aged 16-21	Yes Over 80 free land and water classes per week included in monthly dues	* Indoor pool *Indoor track * Basketball court Free Guest Day: Every third Friday associates can work out for free.	
Good Shepherd Health and Fitness Center	1301 S. Barrington Rd. Barrington, IL 60010 (847) 620-4500	Associates: No enrollment fee Residents: \$200 enrollment fee* \$42.50 per month	\$710	\$710	\$59 per month per family member	Yes*	Feel Good Fridays: Every fourth Friday associates can workout for free.	
High Tech Fitness Center	11800 Southwest Highway Palos Heights, IL (847) 923-3264 Alcatel 37-3264	<i>High Tech (Palos and Tinley) Associates Only</i>	<i>Free Basic Membership</i> \$130 for Gold Membership*		<i>Not Available</i>	Yes	*Massage Services *Personal Training	
Illinois Masonic Wellness Center	836 W. Wellington Avenue Chicago, IL (773) 296-7170 Alcatel 61-7170	<i>Advocate Associates Only</i>	\$104 Basic Membership*		<i>Not Available</i>	Yes		
Lutheran General Fitness Center	1775 Dumpster Street Park Ridge, IL 60068 (847) 723-6139 Alcatel 21-6139	\$40 enrollment fee* \$34 per month	\$448	\$112	\$255 annually for each family member	Yes*	* Indoor pool * Free Motion Strength Equipment * Massage Services	
Oak Brook Support Center Fitness Zone	2025 Windsor Dr. Oak Brook, IL (630) 990-4782 Alcatel 52-4761	<i>Support Center Associates Only</i>	<i>Free Basic Membership</i> \$130 for Gold Membership*		<i>Not Available</i>	Yes		
Parkway Athletic Club	5 Parkway North Deerfield, IL 60015 (847) 405-0011	\$40 enrollment fee* \$34 per month	\$448	\$112	<i>Not Available</i>	Yes*		
Touhy Wellness Center	205 W. Touhy Park Ridge, IL 60068 TBD	<i>Support Center Associates Only</i>	\$104 Basic Membership*		<i>Not Available</i>	Yes*		
Tribune Fitness Center	435 N. Michigan Ave. Chicago, IL 60611 (312) 222-4994	<i>Advocate Associates Only</i>	\$480		<i>Not Available</i>	Yes		

Women's Workout World®	http://w3body.com/	See website for monthly specials	\$278	Up to \$195	Female family member discounts available depending on membership type	Yes	Join at the 230 W. Monroe, Chicago location and get a special membership deal.	
YMCA® of Metropolitan Chicago	http://www.ymcachgo.org/locations/maps.php	Waive enrollment fee* \$35-\$55 per month depending on location	\$480 - \$660	\$40 - \$100	Family discounts vary by location	Yes		

*Some Group Fitness Classes are included in membership fee. Contact the site for more details.